



Stepping Stones Nursery

Nappy Changing

Important steps to remember

Nappy changing is an important part of a child's day at nursery. We maintain this in line with their individual needs. Children deserve to have the respect and dignity provided by having their key person attending to their intimate needs as much as possible. They need that contact with familiar, consistent care to ensure they can grow in confidence and self-assurance.

At **Stepping Stones Day Nursery** we support children's care and welfare on a daily basis in line with their individual needs. Our priority is the safety and welfare of the child whilst nappy changing is being completed. The leadership team will ensure staff members are fully supported and able to perform their duties safely and confidently.

Information about their nappy changing and toilet training will be shared with parents via our parentzone app.

Hygiene & control

Hygienic nappy changing practice & effective cleaning of equipment & environment is vital to reduce the risks of transmitting infection to children & staff.

The following procedures are to ensure the safety of both the children in our care and the nursery staff:

- Ask for the child consent (age appropriate), before changing their nappy. Allow the child to take their time so they feel relaxed. Focus on making a nappy change time a positive experience for the child by taking an account their comfort & feelings whilst doing the nappy change.
- Talk to the child whilst changing the nappy using respectful language. Communicating with the child during the process helps the child to understand what is happening, what is happening next and helps them to feel secure.
- Allow the child to be an active participant in the process & encourage them to help where it is age appropriate.
- Check the child's nappy on arrival at nursery as well as before they leave at the end of the day.
- Children should be changed as and when needed, rather than at set times & staff will encourage children to communicate when they need a change. As much as possible this will be completed by their key person.
- All nappy changes are recorded by the staff member with the time and state of the nappy. We also record if children have tried on the potty/toilet. This is recorded on our parentzone app.
 - o W (wet)
 - o S (Soiled)
 - o D (dry)

- A child will be changed as soon as they have soiled their nappy.
- If needed, sudocream will be used on the child. If a parent wishes to use Bepanthen or Metatanium they need to bring in their own new unopened tube, labelled with the child's name.
- When sudocrem is applied a clean glove, tissue or cotton will be used to prevent cross contamination of the pot.
- When changing a soiled nappy staff must wear disposable gloves. There are also disposable aprons available for staff to use if they wish to. These must be removed safely, using correct doffing PPE procedures, after every nappy change, disposed of and new ones worn for the next nappy change.
- When changing a wet nappy staff must wear disposable gloves and aprons are available on request.
- Should 1 or more children develop D&V symptoms full PPE will be required for every nappy change.
- Whilst you are changing the child's nappy, ensure that the child's clothes are dry & unsoiled.
- The practitioner and child should wash their hands after each nappy change.
- After changing each nappy, the changing mat is to be wiped down with anti-bac spray/wipes and paper towels before the next child uses it - paying attention to the contact time needed for the anti-bac spray.
- Nappies, aprons and gloves are to be put in the nappy bin after use. Soiled nappies need to be bagged in a nappy sack. These are situated in each room's toilet area.
- If the nappy bin becomes full & needs emptying please use the specific yellow bin, found outside in our bin areas to the right of the preschool building. Bins are emptied at the end of each day.
- Nappy bins are to be sprayed on a Friday and left to air dry over the weekend.
- Children should not be unattended in Nursery unit Toilet areas. Staff in all other units are to be aware of children using the toilets and offer assistance when needed. Children are to be reminded to wash hands after using the toilet.
- If a member of staff has any concerns about a child, they should follow the child protection procedures.
- Staff take their lead from the parent about when to start potty training with their child. The expectation is that this will have been started at home and the nursery staff will follow at the nursery. They will, however, be happy to offer advice and discuss with parents about the child's progress and development in relation to potty training.
- Potties are to be used in the toilet areas only and the children given privacy when using them. After use the staff need to dispose of the waste appropriately in the toilet and the potty must be cleaned with anti-bac immediately.
- Children need to wash their hands after using the potty.
- If a child has a wet/soiled accident they need to be appropriately cleaned and the soiled clothes placed in a nappy sack and into the child's bag or peg. A note should be made on Parentzone to let parents know the reason for wet/soiled clothes.

- Staff who are pregnant are still able to undertake nappy changing but will follow correct manual handling and positioning. Staff must make leaders aware if this is causing discomfort and appropriate steps will be taken. Risk assessment will be amended if needed.
- Balancing the right for privacy for the children with the need for safeguarding children and adults by making sure intimate care routines do not take place behind closed doors.
- Operating a whistleblowing policy to help staff raise any concerns relating to their peers or managers and helping staff develop confidence in raising concerns as they arise in order to safeguard the children in the nursery

Reusable Nappies

In addition to the above procedures, where children wear reusable nappies we will:

- Ask the parents for a demonstration for fitting the nappy correctly if needed
- Dispose of any soiling by flushing straight down the toilet
- Dispose of the reusable nappies liner, and place in a nappy bag (and disposed of as per disposable nappies in a nappy bin)
- Store the used nappies in a sealable wet bag, away from children
- Provide the parents with the wet bag at the end of the day to clean the used nappies.

This policy was adopted on	Signed on behalf of the nursery	Date for review
<i>April 2025</i>		<i>April 2027</i>